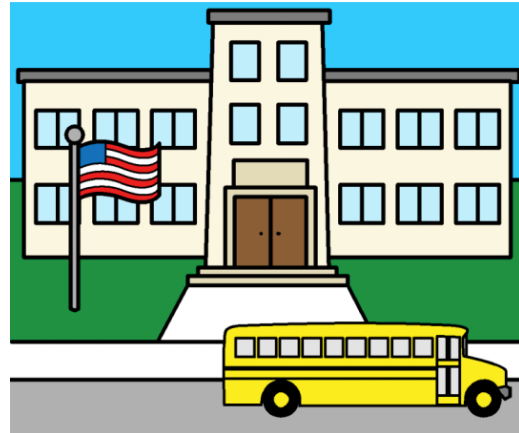


Making Good Choices at School

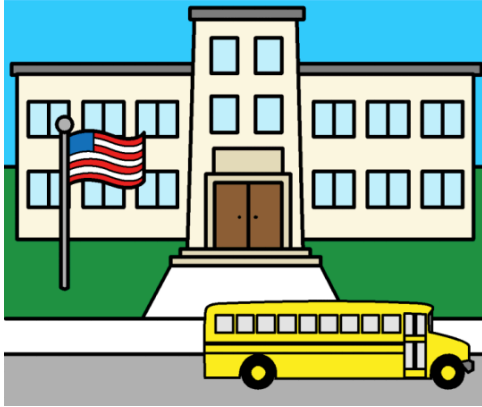
Social Story



I go to school everyday.
I am a big kid.



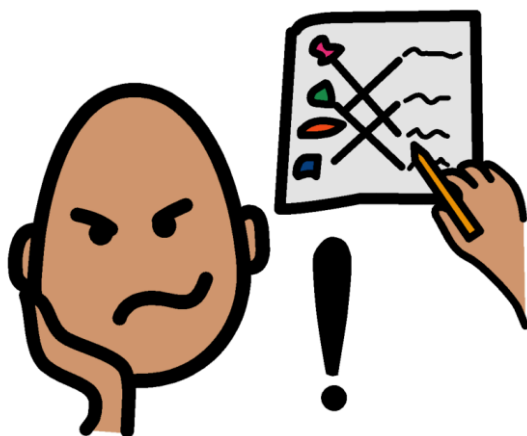
Sometimes, things happen at school
that can make me mad.



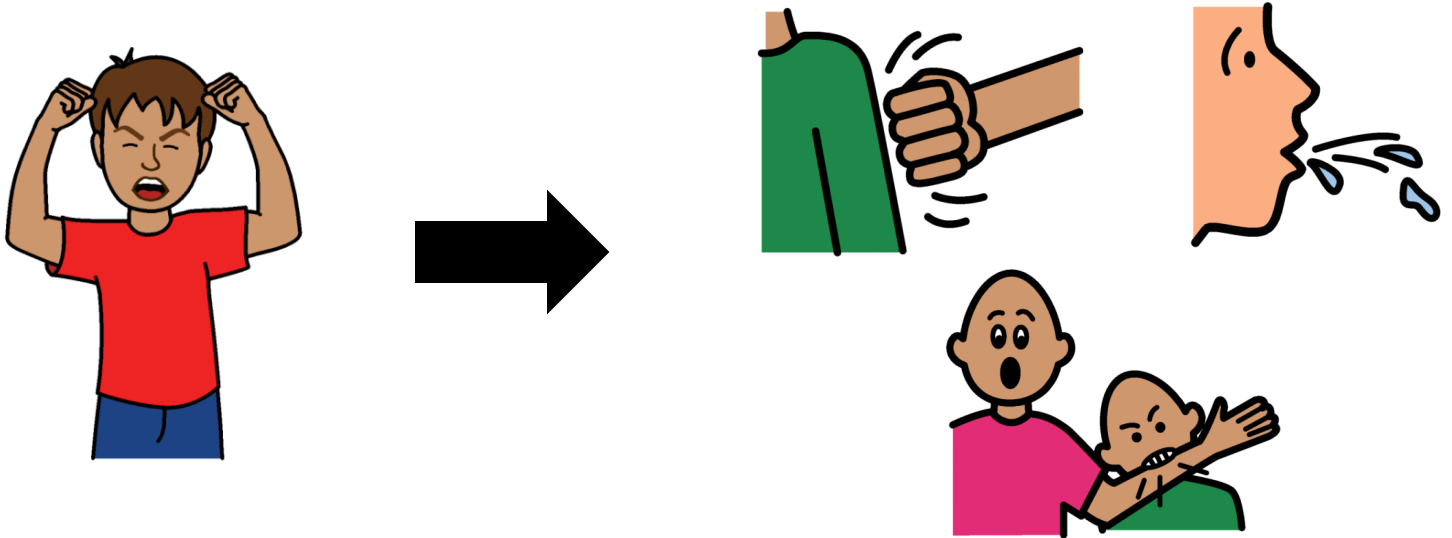
Sometimes my work can be hard.
This can make me mad.



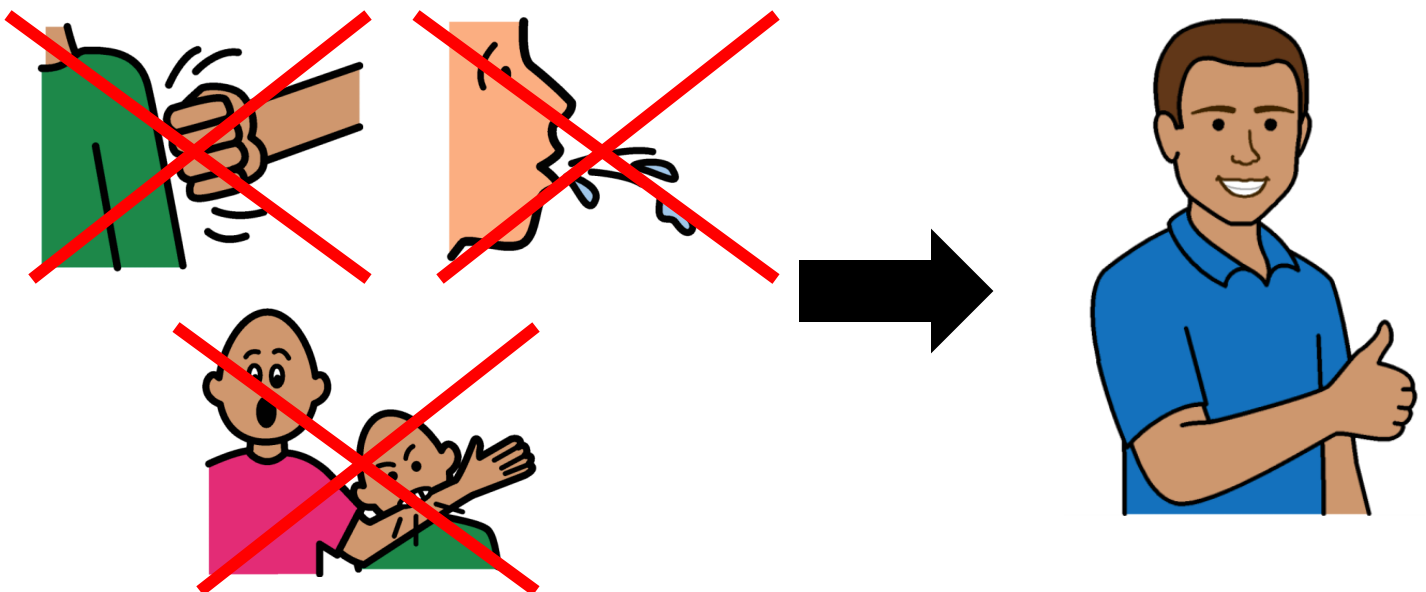
Sometimes I don't want to do my work and I want to do something else. This can make me mad.



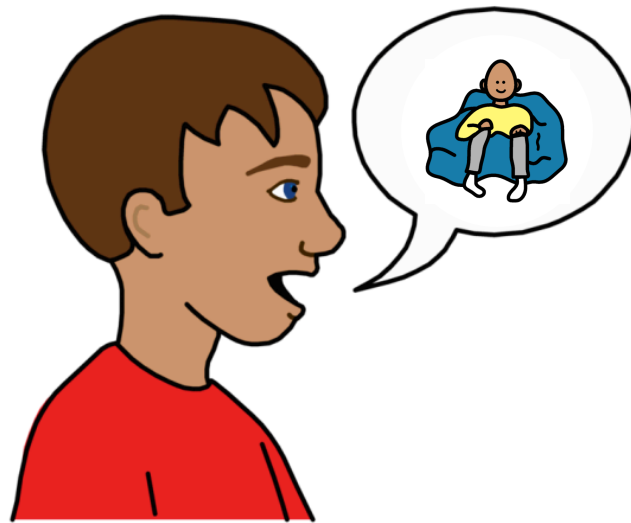
When I am mad, is it a good choice to hit, spit, or bite?



No! I can make a good choice and help myself feel better.



I can use my words to ask for a break. Taking a break is a good choice to help me calm down.



I can look at my “calm down choices” and pick one to help me calm down.



When I'm mad, I can make a good choice by taking a break to calm down.

